



Kayak and Surf Camp Pack List

What We Provide

- Kayaks- doubles and singles
- Neoprene skirts for kayaks
- Life jackets (PFDs)
- Float pads, throw bags and bilge pumps
- Tents
- Food, snacks, cooking utensils/stoves, all cleaning supplies
- Covid safety- hand washing stations at all stops and prior to all meals.
- Surfboards- Long and shortboards available
- Wetsuits
- Booties
- Gloves when needed
- Transportation to and from Pacific Rim

Please do not bring your own items from the list above, without first talking to our staff; packing for a multi-day kayak trip is an art and it is all about travelling light!

Clothing

- Sunhat and toque
- 8-10 pairs underwear
- 8 pairs wool/synthetic socks
- Neck tube/"Buff" that can be worn as a face mask as well as for warmth
- A pair of light gloves for warmth
- 2 swimsuits/ swim shorts and two light beach towels
- 1 pair long underwear, top & bottoms (synthetic or wool)
- 6 t-shirts
- 2 long-sleeved synthetic shirts
- 1 warm sweater/ fleece jacket (synthetic or wool)
- 1 light/puffy jacket for warmth & layering

- 1 set of good rain gear: waterproof rain jacket & pants (rubber is great for a west coast downpour but not breathable or easy to paddle in)
- 4-5 pairs of shorts
- 3-4 pairs of long pants (not full cotton; fleece/synthetic pls.)
- 1 pair of water friendly sandals or water shoes/beachwalkers
- 1 pair of light hiking boots (waterproof preferably)
- 1 pair of runners

Other Gear

- Sunscreen that is "reef friendly" and Zinc sticks-- the only way to stop from burning on the ocean. Regular blocks wash off even if they are called waterproof.
- Sunglasses with straps/retainers
- Toiletries - toothbrush, toothpaste, brush/comb, face cloth, contacts/glasses, medications. Ladies, check out menstrual cups for a great camp-friendly feminine hygiene option or bring whatever you use/need.
- "Mess kit" – unbreakable bowl/plate, cutlery and mug
- 2 dish cloths & 2 drying towels for personal washing/drying of ones own dishes
- A mesh bag for hanging utensils and plate overnight
- Thermarest/inflatable sleeping pad or ensolite pad
- Flashlight or headlamp (with an extra set of batteries)
- Synthetic sleeping bag (no down filled or cotton/flannel bags)
- 1L water bottle
- 1 duffle bag, and 2 nylon stuff sacs or dry bags (mid size)
- 3-4 large green garbage bags, several large zip locks.
- 2-3 Safety masks that can be washed
- 2 neck tubes/" Buffs" that can be used for face masks as well as neck warmers.
- Personal bottle of hand sanitizer

Important Info

- Please label all cherished gear with name.
- Note: Cotton clothing gets wet quickly, becomes heavy, cold and dries very slowly. Wool or synthetic apparel acts like a wick and moisture is drawn to

the outer layers. Jeans are not ideal pants for camp. Wearing layers including wool and synthetic is best for our climate.

- Please DO NOT bring electronic equipment (eg iPhones, tablets, iPods, handheld gaming devices). *Campers may bring a mobile phone to communicate with parents to and from camp; they will be left in our office while on expedition.)*
- A camera that is NOT part of your phone is optional. Cameras should be waterproof, as even the humid saltwater ocean conditions can negatively affect them. We have a camp camera and will put photos up on Dropbox for everyone.
- For most people, even those who “don’t usually burn”, sunscreen is not enough for our long days out in the sun with all the reflection off the water. Zinc cream is very useful.
- Bug spray can be helpful at camp, however some people are sensitive to it and many brands - particularly those containing DEET - are highly toxic. Please use bugspray with care, or consider a natural brand or bugnet.
- Synthetic sleeping bags are available for rent-- \$25+GST. Campers may rent inflatable sleeping pads for \$15+GST. Foam pads can be provided at no cost.
- If you have your own wetsuit or neoprene booties bring them along, otherwise we will provide them.
- For two-week camps, \$10-15 may be sent along as en route to the West Coast, campers may be able purchase their own snacks at the service stations, depending on Covid Safety rules.
- Please be sure to send adequate funds for ferry/transportation costs to and from camp.
- ***It is essential that students come with garbage bags for waterproofing their gear*
- If you have any questions please call us at (250) 537-2571 or (250) 537 7727.