



## Coastal Current Adventures Expeditions 2020

### **Salt Spring Experience - 3 Days**

Kayak through the Gulf Islands viewing the spectacular bounty of intertidal life, marine mammals and bird life. In addition to the regular wonderful, adventurous days of paddling, and an evening paddle in the moonlight, watching the magical phosphorescence dance off the blades of your paddle. This trip highlights nature exploration, sumptuous vegetarian fare, health and wellbeing and is bound to get you motivated to continue on with this lifestyle. Your certified kayak guide(s) make this a Gulf Island experience you will not soon forget. We camp on several of the Gulf Island Marine Park sites including Prevost Island, Wallace Island and Dionisio Point. The route is dependent on the weather but we have many options with the abundance of parks within close proximity. Options for B&B stay prior to the expedition & a Stroke and Rescue Clinic in the afternoon before the trip at additional costs. All inclusive with food and gear; just bring your own sleeping bag/pad & personal clothing.

**\$700/person + 5% taxes**

### **The Rum Expedition - 3 Days**

This is an historical expedition where you start off leaving from Fulford Harbour and paddle for lunch on Russell Island, where the history lesson begins as we explore this Kanakan settlement. The evening is spent at Princess Margaret Island, one of the Jewels of the Gulf Islands National Parks. It was named after Princess Margaret's 1958 commemorative visit to BC. The beautiful midden beach and walk around the Island is something special! The next day we load the kayaks and head to the Historic Rum Islands. This is an exquisite Park that's history comes from the rum running days of the Prohibition years. It is an area that is not highly paddled but some of the secrets of our back Yard in the Gulf Islands. We will see lots of great wildlife, seals, eagles, sea lions, otter and mink but the scenery on this trip, including views of Mt. Baker are extremely special!

**\$995/person + 5% taxes**

118 Natalie Lane, Salt Spring Island, B.C. V8K 2C6  
Phone: 250-537-2571 | Toll Free: 1-888-529-2567  
[coastalcurrentadventures@gmail.com](mailto:coastalcurrentadventures@gmail.com)

## **Paddle Around Salt Spring - 4 Days**

This expedition is for those intermediate & advanced paddlers who want to kayak a bit further each day. This program will attempt to circumnavigate Salt Spring Island, camping at various marine parks that fringe the coastline. This is an all-inclusive trip where you just bring your sleeping bags/pads, personal gear and an adventurous, energetic mindset. Coastal Current Adventures provides the kayaks, gear, food and certified, knowledgeable guides. We'll plan the agenda so the current and tides are in our favour and point out the wildlife hot spots as we pilot the group around Salt Spring. Guides are always happy to teach you the skills they are utilizing to implement the trip. This paddle will leave from Fulford Harbour and land back at our beach in Ganges four days later. Celebrate the Equinox and enjoy the large tides of the New Moon on this fun-filled adventure-packed challenge. Please come with your personal gear packed and ready to launch on day one as our agenda is action packed. We paddle out at 9:00 am to catch the tide on the first day.

**\$1250/person + 5% taxes** \*Options for B&B stays the night prior to the expedition & the night of our return - extra costs apply

## **Expedition Planning - 4 Days**

This four day Expedition will teach you the skills necessary to co-ordinate and lead your own expedition with confidence. An upper level guide, certified by the Sea Kayak Guides Alliance of BC, will instruct the course. You will start off in Cusheon Lake, learning all the fundamental and advanced strokes of kayaking and then learn the essential rescues needed to ensure your family and friends safety. We will teach you Navigation and Chart skills so you can safely coordinate routes, calculate tide and secondary tides plus currents and secondary currents so you are always moving with the flow. The Gulf Islands is one of the key areas for learning about current as we have many areas where calculations are critical to arriving at your next camping destination safely and on time. You will learn to navigate in fog, and how to predict the weather using visuals and your hand held marine radio. The course is fun, educational and utilizes the outdoors as the best classroom possible. There are ample opportunities to view abundant marine and intertidal life as the guides offer their knowledge of how the many species interact with the surrounding ecosystem. The latter part of the course works on Judgement and Leadership skills through some scenario based learning. Our guides will mentor and enhance skills in a safe and nurturing environment.

**\$940/person + 5% taxes - This is an adults only expedition.** \*Options for B&B stays the night prior to the expedition & the night of our return - extra costs apply

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